

Camp 1 – Tier 3 – 8:30-11 am Cost: \$125 (includes t-shirt)

Camp 2 – Tier 1 & 2 (BC Games athletes) 10am – 1 pm Cost: \$140 (includes t-shirt)

Both camps include guest speakers, trampoline/rig instruction, Dryland training, Mini Competition with prizes and of course our excellent coaches! Great opportunity for BC Games practice.



For more information: BC Diving 604-531-5576/604-219-2502 jayne@bcdiving.ca See reverse for registration form