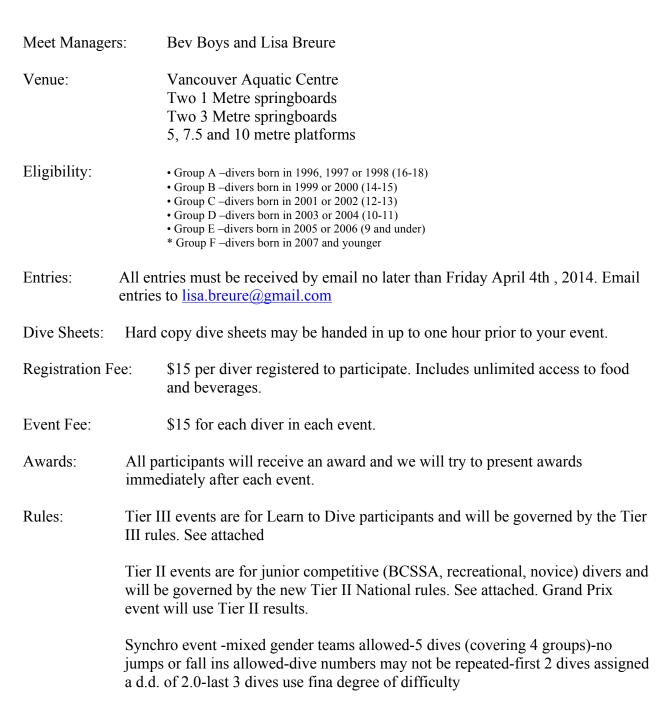


White Rock Divers 2014 Spring Dive Meet

Sunday April 13th Tier I, II, and III Dive Competition



Proposed Event Schedule

Event specific times will be sent out one week prior to the competition. Registration on deck 7:30 Boards open for practice 8-8:30 Boards open for first event warm up 8:30-9 First Event will start at 9:00am

Sunday April 13th (W=WOMEN M=MEN)

First event starts at 9:00am

The of the starts at 9.00 and	
W-Tier 3 (Learn to Dive) – F, E and D 1 me	tre M-Tier 3 (Learn to Dive) – F, E and D 3 metre
W-Tier 3 (Learn to Dive) - A, B and C 1 me	tre M-Tier 3 (Learn to Dive) - A, B and C 3 metre
M-Tier 3 (Learn to Dive) - F, E and D 1metr	W-Tier 3 (Learn to Dive) - F, E and D 3 metre
M-Tier 3 (Learn to Dive) - A, B and C 1 met	tre W-Tier 3 (Learn to Dive) - A, B and C 3 metre
M and W Tier 1 open Synchro	
W-Tier 2 (Novice) – F, E and D 1 metre	M-Tier 3 (Novice) – F, E and D 3 metre
W-Tier 2 (Novice) - A, B and C 1 metre	M-Tier 3 (Learn to Dive) - A, B and C 3 metre
M-Tier 2 (Novice) - F, E and D 1metre	W-Tier 3 (Learn to Dive) - F, E and D 3 metre
M-Tier 2 (Novice) - A, B and C 1 metre	W-Tier 3 (Learn to Dive) - A, B and C 3 metre

***Please note a diver can participate in multiple levels on different boards but only one level per board. Ex: Tier II on 1m and Tier III on 3m

RULES

Synchro

Open 3m Synchro Event -mixed gender teams allowed -5 dives (covering 4 groups) -no jumps or fall ins allowed -dive numbers may not be repeated -first 2 dives assigned a d.d. of 2.0 -last 3 dives use fina degree of difficulty

Grand Prix

Grand Prix awards will be presented at the Irene MacDonald meet. Results are based on the accumulation of all Tier 2 events over the BC diving season including 1m and 3m for each age group. 12 awards will be given out for the top Male and top Female for each age group.

<mark>Tier III Rules</mark>

Rules:

- In the Dives without Limit section a dive number cannot be repeated Example: 101A and 101C cannot be both used in Dives without Limit
- Dives with limit may be repeated once in the Dives without Limit section in a different position
 (Maximum of one repeat per type of jump or fall in)
 Example: if 100A was used in the dives with limit section then it can be repeated
 once in a different position.
- No balks called
- Spotting a diver is permitted
- Hands may be above or below the head on foot first entries
- In all age groups, re-dives will be permitted in place of a failed dive

D.D's – All Jumps = 1.0All Fall-ins = 1.5All Dives = 2.0

Age Group (Age as of Dec. 31st of current year)	Dives With Limit	Dives Without Limit
Group F 7 & Under (Total 4 dives)	Any 3 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	1 -Dives with limit may be repeated once in a different position
Group E 8 - 9 (Total 5 dives)	Any 3 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	2 -The same dive number may not be used twice -Dives with limit may be repeated once per group in a different position
Group D 10 - 11 (Total 5 dives)	Any 2 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	3 -The same dive number may not be used twice -Dives with limit may be repeated once per group in a different position
Group C 12-13 (Total 5 dives)	Any 2 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	3 - The same dive number may not be used twice -Dives with limit may be repeated once per group in a different position
Group Open 14 and up (Total 6 dives)	Any 2 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	4 - The same dive number may not be used twice -Dives with limit may be repeated once per group in a different position

TIER II RULES:

Age Groups:		
(Age as of Dec. 31st	Canadian Tier II Novice Nationals	
of current year)		
Group F	1m (5 Dives)	
7 & Under	 100A, 001B, 200A or 002A, + 2 Dives (2 directions) 	
	3m (4 Dives)	
	I 100A, 001D, 200A or 002D, + 1 Dive	
Group E	1m (6 dives)	
8 - 9	I00A, 001B, 200A or 002A, + 3 Dives (2 Dir., no limit)	
	3m (5 dives)	
	 100A, 001D, 002D, + 2 dives (2 Dir., no limit) 	
Group D	1m (5 dives)	
10 - 11	 3 Dives with 5.4 d.d. limit, 2 dives without d.d. limit (3 Dir) 	
	3m (5 dives)	
	001D or 002D, 2 dives with 3.8 d.d. limit, 2 dives without d.d.	
	limit (3 Dir)	
Group C	1m (6 dives)	
12-13	 3 dives with 5.4 d.d. limit, 3 dives without d.d. limit (4 Dir) 	
	3m (5 dives)	
	 3 dives with 5.7 d.d. limit, 2 dives without d.d. limit (3 Dir) 	
Group B	1m (7 dives)	
14-15	4 dives with 7.2 d.d. limit, 3 without d.d. limit (4 Dir)	
	3m (6 dives)	
	 3 dives with 5.7 d.d. limit, 3 without d.d. limit (4 Dir) 	
Group A	1m (8 dives)	
16-18	4 dives with 7.2 d.d. limit, 4 without d.d. limit (4 Dir)	
	3m (7 dives)	
	4 dives with 7.6 d.d. limit, 3 without d.d. limit (4 Dir)	
Notes:	 Divers fully qualified for the Junior National Championships on 	
	any board are not eligible to compete at the Tier II	
	Championships.	
	All Jumps are D.D. 1.0	
	 Above, dives specified as 'Dives' must not be jumps or fall-ins. 	
	 Dives in position D means you can choose the position, but 	
	 you must specify the choice. D.D. Changes: 1m 201c = 1.7 201b = 1.6 201a = 1.5 	
	1m 301c = 1.8 301b = 1.7 301a = 1.6 3m 201c = 1.9 201b = 1.8 201a = 1.7	
	$3m \ 301c = 2.0 \ 301b = 1.9 \ 301a = 1.8$ $1m \ 001b = 1.1$	
	1m 001b = 1.1 1m 002a = 1.1	
	$3m\ 001c = 1.3$ $001b = 1.2$ $001a = 1.1$	
	$3m\ 001c = 1.3$ $001b = 1.2$ $001a = 1.1$ $3m\ 002c = 1.4$ $002b = 1.3$ $002a = 1.2$	
	5110020 = 1.40020 = 1.50028 = 1.2	
Enocial Skills	 1 Event Open to all ages and gender 	
Special Skills	 Straight total of judges scores after 6 skills, no D.D.'s 	
Event	6 Skills:	
	610A (Deck Tower), 102C (Deck Tower), 001B (standing) 3m	
	plt, 001B 5m (sitting closed pike), 002C 3m or 5m plt, 201C or	
	301C 3m or 5m plt ALL D.D.'s are 1.0	
L		

001 = Front fall-in 002 = Back Fall-in D = choice of position, pos. must be specified