

Tier 3 / Recreational Rules

Eligibility: Open to any diver that has not competed in a \tier 1 competition in the current or previous competitive season. This level is intended to be an introduction to competition with a focus on basic skills, fun and participation. Divers are not permitted to dive in multiple Tier levels on the same board.

Rules:

- In the Dives Without Limit section a dive number can't be repeated.
Example: 101A and 101C cannot be both used in Dives Without Limit.
- Dives with limit may be repeated once in the Dives Without Limit section in a different position (Maximum of one repeat per type of jump or fall in)
Example: if 100A was used in the dives with limit section then it can be repeated once in a different position as 100C but it cannot be repeated again as 100B.
- No balks called
- Spotting a diver is permitted
- Hands may be above or below the head on foot first entries
- In all age groups, re-dives will be permitted in place of a failed dive

Age Group (Age as of Dec 31 st of current year)	Dives With Limit	Dives Without Limit
Group F 7 & Under (Total 4 dives)	Any 3 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	- Dives with limit may be repeated once in a different position
Group E 8-9 (Total 5 dives)	Any 3 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	- The same dive number may not be used twice - Dives with limit may be repeated once per group in a different position
Group D 10-11 (Total 5 dives)	Any 2 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	- The same dive number may not be used twice - Dives with limit may be repeated once per group in a different position
Group C 12-13 (Total 5 dives)	Any 2 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	- The same dive number may not be used twice - Dives with limit may be repeated once per group in a different position
Group B 14-15 (Total 6 dives)	Any 2 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	- The same dive number may not be used twice - Dives with limit may be repeated once per group in a different position
Group B 16-18 (Total 6 dives)	Any 2 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	- The same dive number may not be used twice - Dives with limit may be repeated once per group in a different position
Group A 16-18 (Total 6 dives)	Any 2 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	- The same dive number may not be used twice - Dives with limit may be repeated once per group in a different position

Tier II/Novice Rules

Age Groups: (Age as of Dec 31 st of current year).	<u>Canadian Tier II Novice Nationals</u>
Group F 7 & Under	1m (5 Dives) <ul style="list-style-type: none"> 100A, 001B, 200A or 002A + 2 Dives (2 Directions) 3m (4 Dives) <ul style="list-style-type: none"> 100A, 001D, 200A or 002D + 1 Dive
Group E 8-9	1m (6 Dives) <ul style="list-style-type: none"> 100A, 001B, 200A or 002A + 3 Dives (2 Directions, no limits) 3m (5 Dives) <ul style="list-style-type: none"> 100A, 001D, 002D + 2 Dive (2 Directions, no limits)
Group D 10-11	1m (5 Dives) <ul style="list-style-type: none"> 3 Dives with 5.4 d.d. limit, 2 dives without d.d limit (3 Directions) 3m (5 Dives) <ul style="list-style-type: none"> 001D or 002D + 2 dives with 3.8 d.d. limit, 2 dices without d.d. limit (3 Directions).
Group C 12-13	1m (6 Dives) <ul style="list-style-type: none"> 3 Dives with 5.4 d.d. limit, 3 dives without d.d limit (4 Directions) 3m (5 Dives) <ul style="list-style-type: none"> 3 Dives with 5.7 d.d. limit, 2 dives without d.d limit (3 Directions)
Group B 14-15	1m (7 Dives) <ul style="list-style-type: none"> 4 Dives with 7.2 d.d. limit, 3 dives without d.d limit (4 Directions) 3m (6 Dives) <ul style="list-style-type: none"> 3 Dives with 5.7 d.d. limit, 3 dives without d.d limit (4 Directions)
Group A 16-18	1m (8 Dives) <ul style="list-style-type: none"> 4 Dives with 7.2 d.d. limit, 4 dives without d.d limit (4 Directions) 3m (7 Dives) <ul style="list-style-type: none"> 4 Dives with 7.6 d.d. limit, 3dives without d.d limit (4 Directions)
Notes:	<ul style="list-style-type: none"> Divers fully qualified for the Junior National Championships on any board are not eligible to complete at the Tier II championships. All jumps are D.D. 1.0 Above, dives specified as “dives” must not be jumps or fall-ins. Dives in position D means you can choose the position, but you must specify the choice. D.D. Changes: <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div>1m 201c = 1.7</div> <div>201b = 1.6</div> <div>201a = 1.5</div> </div> <div style="display: flex; justify-content: space-between; margin-bottom: 5px;"> <div>1m 301c = 1.8</div> <div>301b = 1.7</div> <div>301a = 1.6</div> </div> <div style="display: flex; justify-content: space-between; margin-bottom: 5px;"> <div>3m 201c = 1.9</div> <div>201b = 1.8</div> <div>201a = 1.7</div> </div> <div style="display: flex; justify-content: space-between; margin-bottom: 5px;"> <div>3m 301c = 2.0</div> <div>301b = 1.9</div> <div>301a = 1.8</div> </div> <div style="display: flex; justify-content: space-between; margin-bottom: 5px;"> <div>1m 001b = 1.1</div> <div></div> <div></div> </div> <div style="display: flex; justify-content: space-between; margin-bottom: 5px;"> <div>1m 002a = 1.1</div> <div></div> <div></div> </div> <div style="display: flex; justify-content: space-between; margin-bottom: 5px;"> <div>3m 001c = 1.3</div> <div>001b = 1.2</div> <div>001a = 1.1</div> </div> <div style="display: flex; justify-content: space-between;"> <div>3m 002c = 1.4</div> <div>002b = 1.3</div> <div>002a = 1.2</div> </div>