



White Rock Divers
presents

2018 WRD Invitational
Recreation and Novice Dive Competition

June 2, 2018
Grandview Aquatic Centre
Surrey, BC
CANADA



<u>Meet Manager</u>	Lisa Martin Phone: (604)319-4770 Email: whiterockdivers@hotmail.com
<u>Dates</u>	Saturday, June 2 nd , 2018
<u>Host & Venue</u>	White Rock Divers - Grandview Aquatic Centre 16855 24 th Ave. Surrey, British Columbia 604-531-5576
<u>Facility</u>	Four 1 metre springboards Two 3 metre springboards Full platform complex with 1,3, 5, 7.5, and 10 metre platforms
<u>Eligibility & Rules</u>	Group A – divers born 2002, 2001, or 2000 (16-18) Group B – divers born in 2004 or 2003 (14-15) Group C – divers born in 2006 or 2005 (12-13) Group D – divers born in 2008 or 2007 (10-11) Group E – divers born in 2010 or 2009 (9 and under) ***Recreational has group F 2011 and younger
<u>Entries</u>	All entries must be received no later than Monday, May 21, 2018 . Entries may e-mailed to: Lisa Martin Email: whiterockdivers@hotmail.com
<u>Entry Fees</u>	\$20.00 Cdn Diver Registration Fee \$15.00 Cdn Event Fee per event.
<u>Awards</u>	All participants will receive an award at the end of the event



Rules:

Novice will be governed by the new Novice rules attached.

Recreational events are for Learn to Dive participants and will be governed by the Recreational rules attached.

Syncro events - mixed gender teams allowed, 5 dives (must perform front and back entry), 3 jumps or dives, no repeating dive numbers, pinwheels allowed.

Proposed Event Schedule:

*There will be a minimum 15 minute warm-up per event and the springboard events may be run simultaneously. Events will be combined if numbers are small and will be separated if numbers are larger than anticipated.

7 am	Open Practice Recreational	
Time	1m	3m
8 am	Boys & Girls E,F	Boys & Girls D
	Boys & Girls D	Boys & Girls C & B
	Boys & Girls C&B	Boys & Girls E &F
12 noon	Awards Recreational	
12pm	Open Practice-Novice	
1pm	Boys & Girls D,E,F	Boys & Girls C,B,A
	Boys & Girls C,B,A	Boys & Girls D,E,F
4:30pm	Awards Novice	



RECREATIONAL (Formerly Tier 3) - Rules

Eligibility: Open to any diver that has not competed in a Tier 1 competition in the current or previous competitive season. This level is intended to be an introduction to competition with a focus on basic skills, fun and participation. Divers are not permitted to dive in multiple Tier levels on the same board.

Rules:

- In the Dives Without Limit section a dive number can't be repeated.
Example: 101A and 101C cannot be both used in Dives Without Limit
- Dives with limit may be repeated **once** in the Dives Without Limit section in a different position
(Maximum of one repeat per type of jump or fall in)
Example: if 100A was used in the dives with limit section then it can be repeated once in a different position as 100C but it cannot be repeated again as 100B
- No balks called
- Spotting a diver is permitted
- Hands may be above or below the head on foot first entries
- In all age groups, re-dives will be permitted in place of a failed dive

D.D.: All Jumps = 1.0
All Fall ins = 1.5
All Dives = 2.0

Age Group (Age as of Dec. 31st of current year)	Dives With Limit	Dives Without Limit
Group F 7 & Under (Total 4 dives)	Any 3 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	1 -Dives with limit may be repeated once in a different position
Group E 8 - 9 (Total 5 dives)	Any 3 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	2 -The same dive number may not be used twice -Dives with limit may be repeated once per group in a different position
Group D 10 - 11 (Total 5 dives)	Any 2 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	3 -The same dive number may not be used twice -Dives with limit may be repeated once per group in a different position
Group C 12-13 (Total 5 dives)	Any 2 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	3 -The same dive number may not be used twice -Dives with limit may be repeated once per group in a different position
Group B 14-15 (Total 6 dives)	Any 2 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	4 -The same dive number may not be used twice -Dives with limit may be repeated once per group in a different position



Group A 16-18 (Total 6 dives)	Any 2 of: Front Jump (100) Back Jump (200) Front Fall in (001) Back Fall in (002)	4 -The same dive number may not be used twice -Dives with limit may be repeated once per group in a different position
-------------------------------------	---	---

NOVICE DIVE REQUIREMENTS

GROUP F (7 & under)

1m (5 dives): 100A, 001B, 002A, + 2 Dives (2 Groups)

3m (4 dives): 100A, 001D, 200A or 002D, + 1 Dive (1 Group)

GROUP E (8 & 9 yrs)

1m (5 dives): 100A, 200A, 001B/002A + 2 Dives (2 Groups –can do fall in)

3m (5 dives): 100A, 200A, 001D/002D + 2 dives (2 Groups –can do fall in)

GROUP D (10 & 11 yrs)

1m (5 dives): 3 Dives with 5.4 d.d. limit, 2 without d.d. limit (3 Groups)

3m (5 dives): 001D or 002D, 2 with 3.8 d.d. limit, 2 without limit (3 Groups)

GROUP C (12 & 13 yrs)

1m (6 dives): 3 with 5.4 d.d. limit, 3 without d.d. limit (4 Groups)

3m (5 dives): 3 with 5.7 d.d. limit, 2 without d.d. limit (3 Groups)

GROUP B (14 & 15 yrs)

1m (7 dives): 4 with 7.2 d.d. limit, 3 without d.d. limit (4 Groups)

3m (6 dives): 3 with 5.7 d.d. limit, 3 without d.d. limit (4 Groups) **GROUP**

A (16-18 yrs)

1m (8 dives): 4 with 7.2 d.d. limit, 4 without d.d. limit (4 Groups)

3m (7 dives): 4 with 7.6 d.d. limit, 3 without d.d. limit (4 Groups)

SYNCHRO

3m (5 dives): 3 assigned 2.0 d.d. limit, 2 dives without d.d. limit (4 Groups)

SPECIAL RULES:

* Diver's fully qualified for Canadian Age Group Nationals are not eligible to compete

* DD's: All jumps are 1.0

* E's can repeat fall in if in different position

D.D. Changes:

1m: 201c = 1.7, 201b = 1.6, 201a = 1.5

1m 301c = 1.8, 301b = 1.7, 301a = 1.6

3m 201c = 1.9, 201b = 1.8, 201a = 1.7

3m 301c = 2.0, 301b = 1.9, 301a = 1.8

1m 001b = 1.1, 002a = 1.1

3m 001c = 1.3, 001b = 1.2, 001a = 1.1

3m 002c = 1.4, 002b = 1.3, 002a = 1.2

