



BC DIVING
presents

2019 BRITISH COLUMBIA WINTER PROVINCIAL DIVING CHAMPIONSHIPS

February 1-3, 2019
Vancouver Aquatic Centre
Vancouver, BC
CANADA

Meet Manager Jayne McDonald/Lisa Breure
Phone: (604)531-5576 Fax (604)542-0387 Email: edbcdiving@gmail.com

Technical Igor Kopecky
hptdbcdiving@gmail.com

Dates Friday, Feb 1, Sat. Feb. 2, & Sunday, Feb 3, 2019

Host & Venue BC Diving - Vancouver Aquatic Centre
1050 Beach Ave.
Vancouver, British Columbia
604-531-5576

Facility Two 1 metre springboards
Two 3 metre springboards
Platform complex with 5, 7.5, and 10 metre platforms

Sanctioned by: Diving Plongeon Canada/BC Diving
2019 National Jr. Qualifier, 2019 Sr. National Qualifier

Eligibility & Rules All Diving Plongeon Canada, USA Diving or other registered members of Federations affiliated with FINA divers may attend. (Per FINA Rule GR 3.1, all entries received from outside Canada must be a member of a FINA-affiliated organization. This applies to athletes, coaches, officials and any other team members).

Age-group determination is the diver's age as of December 31st, 2019

Diving Plongeon Canada rules will apply to all events. Please see below for a summary of rules for all events. This is a Junior & Senior National Qualifying event.

Events may run up to 1 hour ahead of the scheduled and posted times. A revised final schedule will be distributed upon the arrival of the teams.

Divers may only dive one age group with the following exceptions: E group divers may compete in D springboard and platform events.

NOTE: NQ - National qualifier event, and PC- Provincial Championship entries must be done on separate forms, indicating NQ or PC.

Each club, please bring registration fees and signed dive sheets to registration on Friday.

Entries

All entries must be received no later than **Monday, January 21, 2019**.

Entries may e-mailed to:

BC Diving

Email:edbcdiving@gmail.com

Entry Fees

\$50.00 Cdn Diver Registration Fee (includes \$10 official's fee)

\$25.00 Cdn Event Fee per event.

Deck Entries are \$35.00 Cdn per event per diver. Deck entries will be accepted up until one hour prior to the beginning of the event.

Dive Sheets

All dive sheets must be submitted electronically using **Dive Sheet Generator**. Dive sheets must be submitted 24 hours prior to the event. To download a copy of Dive Sheet Generator, please visit

http://www.integratedsports.net/diving/ds_download_diver_canada.html.

Email electronic Dive Sheets to: bcdivingdivesheets@gmail.com

It is recommended that you bring an electronic copy of the most recent file that you uploaded to the competition. If there are any problems the host committee can transfer the file containing your dive sheets via a USB key.

Awards

Medals for the top three.

Ribbons for 4th to 6th place.

Awards Banquet

The BC Diving annual Awards Banquet will be held on Saturday, Feb.2, 2019. You will be receiving a separate invitation to sign up online for the registration. Tickets will include Dinner and awards ceremony. Location is still to be determined.

COMPETITION RULES:

General

For the BC Diving Provincials we will follow the Junior National Dive Requirements for Groups A, B, C & D. The Preliminary events in Groups C1, C2 & D1 & D2 will be the National Qualifying event. Only divers who meet all the requirements may enter their respective age group event preliminary event. The Provincial Championships for groups C & D will follow the Final rules for Groups D & C. All divers are eligible to compete in the Provincial Championship event. As per the Coaches meeting at the AGM, it was decided that the Provincial Championship would also allow divers who did not meet the criteria to compete, thus eliminating the need to run a provincial event. Divers who cannot perform a certain dive may substitute the dive with another preferably with a dive in the same group. Divers must do the same number of dives in the same order, but they may replace a certain dive if they cannot perform it. i.e. If a Group D diver cannot perform a 301, but can do a 5122, they will replace the 301 with a 5122 in the 301 round. This is for the Provincial Championship event only (Final event).

Group A & B will follow the Junior National Dive Requirements. A & B groups will be a straight final at the Winter Provincials.

Medals will be awarded to all the Provincial Championships events only. i.e. Groups D1, D2, C1, C2 will be a qualifying event only and not a medal event.

GROUP E EVENTS

Age: 9 years and under on December 31st of the year of the competition.

Girls' and Boys' Springboard - 1 metre

This competition shall comprise of six (6) different dives; two (2) dives including 100A with a hurdle and 200A, and four (4) dives selected from three (3) or more groups. All dives shall have a degree of difficulty of 1.8.

Girls' and Boys' Springboard - 3 metre

This competition shall comprise of six (6) different dives; three (3) dives including 100B with a hurdle, 001B, 002A, and three (3) dives selected from three (3) or more groups. All dives shall have a degree of difficulty of 1.9.

MEN'S & WOMEN'S OPEN EVENTS

	1M	3M	PLT
MALE	-6 dives from 5 directions -D.D. minimum 12.6	-6 dives from 5 directions -D.D. minimum 12.8	-6 dives from 6 directions -D.D. minimum 13.2
FEMALE	-5 dives from 5 directions -D.D. minimum 10.6	-5 dives from 5 directions -D.D. minimum 10.8	-5 dives from 5 directions -D.D. minimum 11.5

GROUP D Dive Requirements

1. Age specification

1.1.D1 = 10 years old or younger in the year of competition (2019 = born 2009 or later)

1.2.D2 = 11 years old in year of competition (2019 = born 2008)

2. GROUP D PRELIMINARIES

2.1. There will be a D1 preliminary event and a D2 preliminary event
2.1.1. Girls and Boys have same dive requirements

2.1.2. D1 and D2 share warm up time

2.1.3. D1 competition goes first followed 10 minutes later by the D2 competition

2.1.4. The dive list must follow the dive order as presented in the Group D Preliminaries Dive Chart (table 1)

2.2. Group D1 1m and 3m Preliminary Events

2.2.1. D1 divers perform 5 dives as presented in Group D Preliminaries Dive Chart (table 1)

2.2.2. DD's to be used are prescribed in the Group D Preliminaries Dive Chart (table 1)

2.3. Group D2 1m and 3m Preliminary Events

2.3.1. D2 divers perform 7 dives as presented in Group D Preliminaries Dive Chart (table 1)

2.3.1.1. Where there is a choice of dives indicated within the dive order, the diver must select one of the dives (as per Table 1 example- Dive #6 indicates a choice of dives)

2.3.2. DD's to be used are prescribed in the Group D Preliminaries Dive Chart (table 1)

2.4. Group D1 Platform Preliminary Event

2.4.1. D1 divers perform 5 dives as presented in Group D Preliminaries Dive Chart (table 1)

2.4.1.1. Divers may use 3m platform or 5m platform in qualification competitions

2.4.1.2. Divers must use 5m platform at Junior Development National

Championships 2.4.2. DD's to be used are prescribed in the Group D Preliminaries Dive Chart (table 1)

2.5. Group D2 Platform Preliminary Event

2.5.1. D2 divers must perform 8 dives as presented in Group D Preliminaries Dive Chart (table 1)

2.5.1.1. Where there is a choice of dives indicated within the dive order, the diver must select one of the dives (as per Table 1 eg. Dive #6 indicates a choice of dives)

2.5.1.2. Divers may use a 5m or 7.5m platform

2.5.2. DD's to be used are prescribed in the Group D Preliminaries Dive Chart (table 1)

TABLE 1									
GROUP D PRELIMINARIES DIVE CHART									
Preliminaries D1 - 1m			Preliminaries D1 - 3m			Preliminaries D1 - Plat			
Dive Order	Dive #	prescribed DD	Dive Order	Dive #	prescribed DD	Dive Order	Dive #	prescribed DD	
1	101C	1.6	1	101C	1.6	1	101C	1.6	
2	201C	1.6	2	201C	1.6	2	201C	1.6	
3	301C	1.6	3	301C	1.6	3	301C	1.6	
4	401C	1.6	4	401C	1.6	4	401C	1.6	
5	103C	1.6	5	103C	1.6	5	103C	1.6	
Preliminaries D2 - 1m			Preliminaries D2 - 3m			Preliminaries D2 - Plat			
Dive Order	Dive #	prescribed DD	Dive Order	Dive #	prescribed DD	Dive Order	Dive #	prescribed DD	
1	101C	1.6	1	101C or 101B	1.6	1	101C or 101B	1.6	
2	101B	1.6	2	201C	1.6	2	201C	1.6	
3	201C	1.6	3	301C	1.6	3	301C	1.6	
4	301C	1.6	4	401C or 401B	1.6	4	401C or 401B	1.6	
5	401C	1.6	5	103C	1.6	5	103C	1.6	

6	401B	1.6		6	203C or 303C	1.9		6	600A or 612B or 622C or 622B	1.9
7	103C	1.6		7	403C	1.9		7	203C or 303C	1.9
								8	403C	1.9

3.0 Group D 1m, 3m and Platform Final (Provincial Championship) Event

3.2.1. Divers must perform six (6) dives selected from the Group D Finals Dive Chart (Table 2)

3.2.1.1. each of the six (6) dives must be a different dive number

3.2.1.2. For the 1m event, divers may choose either none or only one of these three dives - 202C, 302C, 402C

3.2.1.3. First four (4) dives

3.2.1.3.1. each dive will be assigned a DD of 1.6

3.2.1.3.2. Four (4) groups must be represented

3.2.1.4. Last two (2) dives

3.2.1.4.1. FINA DD used

3.2.1.4.2. Two (2) groups must be represented

TABLE 2									
GROUP D FINALS DIVE CHART (BC Provincials Championship)									
Group D FINALS - 1m					Group D FINALS - 3m				
101C	401C	201C	301C	5122 D	101C	401C	201C	301C	5132 D
101B	401B	201B	301B	5132 D	101B	401B	201B	301B	5231 D
103C	402C *	202C*	302C*	5221 D	103C	403C	203C	303C	
103B	403C	203C	303C	5231 D	103B	403B	203B	303B	
104C					105C				
104B									
Group D FINALS Plat (BC Provincial Championship)									
Plat.	Dive #	Plat.	Dive #	Plat.	Dive #	Plat.	Dive #	Plat.	Dive #
5m, 7.5m	101B	5m, 7.5m	201C	5m, 7.5m	301C	5m, 7.5m	401B	5m, 7.5m	600A
5m, 7.5m	103C	5m, 7.5m	201B	5m, 7.5m	301B	5m, 7.5m	403C	5m, 7.5m	612B

4	401A	1.6	4	403C or 403B	1.6	4	5m, 7.5 m	403C or 403B	1.6
5	5122D or 5221D or 5132D or 5231D or 5331D or 5223D	1.6	5	5231D or 5331D or 5132D	1.6	5	5m, 7.5 m	612B or 622 C or 622B	1.6
6	104C or 104B or 105C	1.9	6	105C or 105B	1.9	6	5m, 7.5 m	5231D or 5132D	1.6
7	203C or 303C	1.9	7	203C or 203B	1.9	7	5m, 7.5 m	105C	1.9
8	403C	1.9	8	303C or 303B	1.9		7.5m	105B	1.9
						8	5m	203C or 203B	1.9
						9	5m	303C	1.9

6.2.1. **BC Provincial Championships Group C**

6.2.2. Divers must perform eight (8) dives selected from the Group C Finals Dive Chart (Table 4)

6.2.2.1. each of the eight (8) dives must be a different dive number

6.2.2.2. First five (5) dives

6.2.2.2.1. each with a DD of 1.6

6.2.2.2.2. five (5) groups must be represented

6.2.2.3. Last three (3) dives

6.2.2.3.1. FINA DD used

6.2.2.3.2. Three (3) groups must be represented

6.2.2.3.3. A minimum of one (1) dive must be from Group 100 or 400

6.2.2.3.4. A minimum of one (1) dive must be from Group 200 or 300

3.4. **Group C Platform Final Event (BC Provincial Championships)**

6.3.1. Divers must perform seven (7) dives selected from the Group C Finals Dive Chart (Table 4)

6.3.1.1. Each of the seven (7) dives must be a different dive number

6.3.1.2. Five (5) groups must be represented in the seven (7) dives

6.3.1.3. First four (4) dives

6.3.1.3.1. Each with a DD of 1.6

6.3.1.3.2. Four (4) groups must be represented

6.3.1.4. Last three (3) dives

- 6.3.1.4.1. FINA DD used
- 6.3.1.4.2. Three (3) groups must be represented
- 6.3.1.4.3. A minimum of one (1) dive must be from Group 100 or 400
- 6.3.1.4.4. A minimum of one (1) dive must be from Group 200 or 300

TABLE 4									
GROUP C FINALS DIVE CHART									
Group C Finals 1m					Group C Finals 3m				
101 C	401C	201C	301C	5122D	101C	401C	201C	301C	5132 D
101 B	401B	201B	301B	5132D	101B	401B	201B	301B	5231 D
103 C	401A	203C	303C	5221D	103C	403C	203C	303C	5331 D
103 B	403C	203B	303B	5331D	103B	403B	203B	303B	5233 D
104 C	403B			5231D	105C	405C	205C	305C	5333 D
104 B				5233D	105B				5134 D
105 C				5333D					
105 B				5134D					
Group C Finals Platform									
Plat	Dive #	Plat.	Dive #	Plat.	Dive #	Plat.	Dive #	Plat.	Dive #
5m, 7.5m	101B	5m, 7.5m	201C	5m, 7.5m	301C	5m, 7.5m	401B	5m, 7.5m	612B
5m, 7.5m	103C	5m, 7.5m	201B	5m, 7.5m	301B	5m, 7.5m	403C	5m, 7.5m	622C
5m, 7.5m	103B	5m	203C	5m	303C	5m, 7.5m	403B	5m, 7.5m	622B
5m, 7.5m	105C	5m	203B	7.5m	305C	7.5m	405C	7.5m	624C
5m, 7.5m	105B	7.5m	205C					5m, 7.5m	5231 D
								5m, 7.5m	5132 D
								7.5m	5233 D

GROUP B Dive Requirements

At the BC Winter Provincial Championships all B & A Group events will be a straight final.

1. Age specification

1.1. 14 or 15 years old in year of competition (2019 = born 2004 or 2005)

2. GROUP B PRELIMINARIES

2.1. FINA DD's used for all dives

2.2. All dives in any one competition must be of a different dive number

2.3. No foot first entries (exception: 1m dive # 104C, 104B, 5223D)

2.4. **Girls and Boys Group B 1m and 3m Preliminary Events** 8.4.1. Girls and Boys have same dive requirements

2.5. Divers perform nine (9) dives

8.4.3.1. Five (5) groups must be represented

8.4.3.2. DD limit for 1m 9.0

8.4.3.3. DD limit for 3m 9.5

8.4.4. Last four (4) dives without DD limit

8.4.4.1. Four (4) groups must be represented

2.6. Girls Group B Platform Preliminary Event

8.5.1. Divers must perform seven (7) dives

8.5.2. Five (5) groups must be represented in the seven(7) dives 8.5.3. First four (4) dives

8.5.3.1. DD limit of 7.6

8.5.3.2. Four (4) groups must be represented 8.5.4. Last three (3) dives without DD limit

8.5.4.1. Three (3) groups must be represented

8.5.4.2. A minimum of one (1) dive must be from group 100 or group 400

8.5.4.3. A minimum of one (1) dive must be from group 200 or group 300

2.7. Boys Group B Platform Preliminary Events

8.6.1. Divers must perform eight (8) dives

8.6.2. Five (5) groups must be represented in the eight (8) dives 8.6.3. First four (4) dives

8.6.3.1. DD limit of 7.6

8.6.3.2. Four (4) groups must be represented 8.6.4. Last four (4) dives without DD limit

8.6.4.1. Four (4) groups must be represented

8.6.4.2. A minimum of one (1) dive must be from group 100 or group 400

8.6.4.3. A minimum of one (1) dive must be from group 200 or group 300

8.6.4.4. A minimum of one (1) dive must be from group 5000, group 600 or group 6000

GROUP A DIVE REQUIREMENTS

3. Age specification

3.1. 16, 17 or 18 years old in year of competition (2019 = born 2001, 2002 or 2003)

3.2. For age specification for the duration of the rule book see table 7

4. GROUP A PRELIMINARIES

- 4.1. FINA DD's used for all dives
- 4.2. All dives in any one competition must be of a different dive number
- 4.3. No foot first entries
- 4.4. **Girls and Boys Group A 1m and 3m Preliminary Events**
 - 11.4.1. Girls and Boys have the same dive requirements
 - 11.4.2. Divers perform ten (10) dives
 - 11.4.3. First five (5) dives
 - 11.4.3.1. DD limit
 - 11.4.3.2. Five (5) groups represented
 - 11.4.3.3. DD limit for 1m is 9.0
 - 11.4.3.4. DD limit for 3m is 9.5
 - 11.4.4. Last five (5) dives without DD limit
 - 11.4.4.1. Five (5) groups represented
- 4.5. **Girls A Platform Preliminary Event**
 - 11.5.1. Divers must perform eight (8) dives
 - 11.5.2. Five(5) groups must be represented in the eight (8) dives
 - 11.5.3. First four (4) dives
 - 11.5.3.1. DD limit of 7.6
 - 11.5.3.2. Four 4 groups represented
 - 11.5.4. Last four (4) dives without DD limit
 - 11.5.4.1. Four (4) groups represented
- 4.6. **Boys Group A Platform Preliminary Event**
 - 11.6.1. Divers must perform nine (9) dives
 - 11.6.2. Six (6) groups must be represented in the nine (9) dives
 - 11.6.3. First four (4) dives
 - 11.6.3.1. DD limit of 7.6
 - 11.6.3.2. Four (4) groups represented
 - 11.6.4. Last five (5) dives without DD limit
 - 11.6.4.1. 5 groups must be represented

BC Winter Provincial Diving Championships February 1-3, 2019

Executive Suites at Vintage Park - 1379 Howe St., Vancouver

Double rooms - \$135/night

Contact: reservations@executivehotels.net or call 1-800-3932 or 604-688-7687

Room block under BC Diving

2019 BC WINTER PROVINCIALS

SCHEDULE OF EVENTS

THURSDAY, January 31			
4:00pm - 7:00pm	Open Practice		
FRIDAY, FEBRUARY 1			
8:00-9:00 am	Open Practice		
9:00-9:30 am	Closed Practice		
9:30			Boys/GirlsA
			Boys/Girls B
		Boys/Girls E 3m	
	Girls/Boys C1 1m (NQ)	Girls/Boys D1 3m (NQ)	
	Girls/Boys C2 1m (NQ)	Girls/Boys D2 3m (NO)	
	Girls/Boys C 1m (PC)	Girls/Boys D 3m (PC)	
			Men's/Women's open
SATURDAY, FEBRUARY 2			
7:30am - 8:25am	Open Practice		
8:25am - 8:55am	Closed Practice		
	Boys/Girls E		
	Boys/GirlsA	Girls/Boys C1 3m (NQ)	
	Boys/Girls B	Girls/Boys C2 3m(NQ)	
			Girls/Boys D1 Platform (NQ)
			Girls/Boys D2 Platform(NQ)
	Women's 1m open	Girls/Boys C 3m (PC)	
			Girls/Boys D Platform(PC)
		Men's 3m open	
SUNDAY, FEBRUARY 3			
7:30am - 8:25am	Open Practice		
8:25am - 8:55am	Closed Practice		
			Girls/Boys C1 Platform (NQ)
			Girls/Boys C2 Platform (NO)
	Girls/Boys D1 1m (NQ)	Boys/GirlsA	
	Girls/Boys D2 1m (NO)	Boys/Girls B	
			Girls/Boys C Platform (PC)
	Girls/Boys D 1m (PC)	Women's open 3m	
	Men's open 1m		
*Events will start up to 1 hour ahead of time.			
NQ – Qualifying event PC- Provincial Championships event			



