



**MARC LEPOOLE'S STING**

**2020**



13 MARCH - 15 MARCH  
**SAANICH COMMONWEALTH PLACE**  
**VICTORIA BC CANADA**



# MARC LEPOOLE'S STING 2020

## MARCH 13 - 15, VICTORIA, BC

**Meet Manager :** Lisa Boog

**Technical Director:** Jorge Betancourt

**Dates** Thursday, March 13 - Sunday, March 15, 2020

**Venue** Saanich Commonwealth Place  
4636 Elk Lake Drive.  
Victoria, British Columbia V8Z 5M1  
CANADA

**Facility** Four 1 metre springboards  
Two 3 metre springboards  
One 1 metre platform  
Full platform complex with 3, 5, 7.5, and 10 metre platforms

**Eligibility & Rules** All Diving Plongeon Canada, USA Diving or other registered members of Federations affiliated with FINA divers may attend. (Per FINA Rule GR 3.1, all entries received from outside Canada must be a member of a FINA-affiliated organization. This applies to athletes, coaches, officials and any other team members).

Age-group determination is the diver's age as of December 31st, 2020

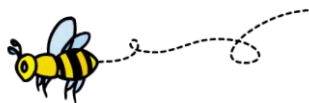
Diving Plongeon Canada rules will apply to all events. Please see below a summary of rules for all events.

This is a Junior National Qualifying event. There will be no cuts in any event.

Where one side of the pool is finished before the other, that side will be open for quiet warm-up. The Technical Director reserves the right to close down a side for warm-up if he deems it to be too noisy or disruptive to an event on the other side. Springboards will be open during platform warm-up and vice-versa.

Events may run up to 1 hour ahead of the scheduled and posted times. A revised final schedule will be distributed upon the arrival of the teams.

Divers may only dive one age group with the following exceptions: E group divers may compete in D1 springboard and platform events.



### NO SNOW GUARANTEE

We guarantee no snow during your visit to Victoria, the only place in Canada that receives no snow during winter. If there should be a snowfall, the Boardworks coaching staff will dress in bumblebee costumes for a period of 3 hours during the meet. We are that confident!

## **Entries**

All entries and fees must be received no later than **Friday, February 28, 2020**. Entries may be mailed or e-mailed to:

BOARDWORKS  
4636 Elk Lake Drive  
Victoria, BC V8Z 5M1

t. 250 - 479 - 0330  
e. boardworksinfo@shaw.ca

## **Entry Fees**

CDN\$**45.00** Diver Registration Fee

CDN\$**40.00** Event Fee per event

Deck Entries are \$50.00 Cdn per event per diver. Deck entries will be accepted up until one hour prior to the beginning of the event.

Divers competing in both Group C or Group D National Qualification events AND Sting Championship events pay only one event fee per board.

Payment may be made by cheque (Payable to "Boardworks") or by e-transfer to [boardworks-team@shaw.ca](mailto:boardworks-team@shaw.ca) (please use password "sting").

## **Dive Sheets**

All dive sheets must be submitted electronically using **Dive Sheet Generator**. Dive sheets must be submitted 24 hours prior to the event. To download a copy of Dive Sheet Generator, please visit

[http://www.integratesports.net/diving/ds\\_download\\_diver\\_canada.html](http://www.integratesports.net/diving/ds_download_diver_canada.html).

## **Awards**

A **\$100 Sting Cash Scholarship** will be awarded to the winners of the Open 3m and Platform (male & female) events

Medals for the top three finishers in all Sting Championship events

Ribbons for 4th to 6th place in all Sting Championship events

Special prizes to "Stung" divers (those achieving the "Sting Standard") in the Sting Championship events

Awards for Top Male & Female divers

Award for Top Visiting Team

## COMPETITION RULES:

### General Competition Rules

The 2020 Marc LePoole's Sting will follow the Canadian Junior and Senior National dive requirements for Groups A, B, C, D & Open.

Groups C1, C2, D1 & D2 will be National Qualifying events for the Junior Development National Championships. There will also be Sting Championship events. Awards will be given for the Sting Championship events only.

There will be a 30 minute general warm-up before each age group (D & C) where divers in both categories (ie. C1 & C2 or D1 & D2) will be allowed to warm up. There will be a 10 minute warm-up for the divers in the 2<sup>nd</sup> category (ie. D2 or C2) prior to the start of their event.

Groups A, B and Open events will be a straight Sting Championships final at the 2020 Marc Lepoole's Sting.

Group E events will be a straight Sting Championships final at the 2020 Marc LePoole's Sting.

## GROUP E EVENTS

### 1. AGE SPECIFICATION

- 1.1. 9 years and under in the year of the competition (2020 = born 2011 or later)
- 1.2. Girls' and Boys' Springboard – 1 metre & 3 metre

BOYS & GIRLS GROUP E PRELIMINARIES DIVE CHART						
E – 1m				E – 3m		
Dive Order	Dive #	DD		Dive Order	Dive #	DD
1	100A	1.8		1	001B	1.9
2	200A	1.8		2	002A	1.9
3-6	4 dives selected from three (3) or more groups. All dives shall have a DD of 1.8			3	100B (with hurdle)	1.9
				4-6	3 dives selected from three (3) or more groups. All dives shall have a DD of 1.9	

## **GROUP D NATIONAL QUALIFICATION EVENTS**

### **1. AGE SPECIFICATION**

- 1.1. D1 = 10 years old or younger in the year of competition (2020 = born 2010 or later)
- 1.2. D2 = 11 years old in year of competition (2020 = born 2009)

### **2. GROUP D NATIONAL QUALIFICATION EVENTS**

- 2.1. There will be a D1 national qualification event and a D2 national qualification event
  - 2.1.1. Girls and Boys have same dive requirements
  - 2.1.2. D1 and D2 share warm up time
  - 2.1.3. D1 competition goes first followed by a 10 minute warm-up for D2, followed by the D2 competition
  - 2.1.4. The dive list must follow the dive order as presented in the Group D National Qualification Dive Chart (table 1)

#### **2.2. Group D1 1m and 3m National Qualification Events**

- 2.2.1. D1 divers perform 5 dives as presented in Group D National Qualification Dive Chart (Table 1)
- 2.2.2. DD's to be used are prescribed in the Group D Nationals Qualification Dive Chart (Table 1)

#### **2.3. Group D2 1m and 3m National Qualification Events**

- 2.3.1. D2 divers perform 7 dives as presented in Group D National Qualification Dive Chart (Table 1)
  - 2.3.1.1. Where there is a choice of dives indicated within the dive order, the diver must select one of the dives (as per Table 1 example- Dive #6 indicates a choice of dives)
- 2.3.2. DD's to be used are prescribed in the Group D National Qualification Dive Chart (Table 1)

#### **2.4. Group D1 Platform National Qualification Event**

- 2.4.1. D1 divers perform 5 dives as presented in Group D Preliminaries Dive Chart (Table 1)
  - 2.4.1.1. Divers may use 3m platform or 5m platform in qualification competitions
- 2.4.2. DD's to be used are prescribed in the Group D Preliminaries Dive Chart (Table 1)

#### **2.5. Group D2 Platform National Qualification Event**

- 2.5.1. D2 divers must perform 8 dives as presented in Group D National Qualification Dive Chart (Table 1)
  - 2.5.1.1. Where there is a choice of dives indicated within the dive order, the diver must select one of the dives (as per Table 1 eg. Dive #6 indicates a choice of dives)
  - 2.5.1.2. Divers may use a 5m or 7.5m platform
- 2.5.2. DD's to be used are prescribed in the Group D National Qualification Dive Chart (Table 1)

**TABLE 1:**

<b>BOYS &amp; GIRLS GROUP D NATIONAL QUALIFICATION DIVE CHART</b>									
D1 Preliminaries – 1m			D1 Preliminaries – 3m			D1 Preliminaries – Platform			
Dive Order	Dive #	DD	Dive Order	Dive #	DD	Dive Order	Dive #	DD	
1	101C	1.6	1	101C	1.6	1	101C	1.6	
2	201C	1.6	2	201C	1.6	2	201C	1.6	
3	301C	1.6	3	301C	1.6	3	301C	1.6	
4	401C	1.6	4	401C	1.6	4	401C	1.6	
5	103C	1.6	5	103C	1.6	5	103C	1.6	
D2 Preliminaries – 1m			D2 Preliminaries – 3m			D2 Preliminaries – Platform			
Dive Order	Dive #	DD	Dive Order	Dive #	DD	Dive Order	Dive #	DD	
1	101C	1.6	1	101C or 101B	1.6	1	101C or 101B	1.6	
2	101B	1.6	2	201C	1.6	2	201C	1.6	
3	201C	1.6	3	301C	1.6	3	301C	1.6	
4	301C	1.6	4	401C or 401B	1.6	4	401C or 401B	1.6	
5	401C	1.6	5	103C	1.6	5	103C	1.6	
6	401B	1.6	6	203C or 303C	1.9	6	600A, 612B, 622C or 622B	1.9	
7	103C	1.6	7	403C	1.9	7	203C or 303C	1.9	
						8	403C	1.9	

### 3. GROUP D STING CHAMPIONSHIP EVENTS

Divers must perform 6 dives

Each of the six dives must be a different dive number

First 4 dives:

Each dive will be assigned a DD of 1.6

Four (4) groups must be represented

Last two (2) dives:

Final DD used

Two (2) groups must be represented

Below are the **Junior Development National Championship Finals** rules and what we recommend for the Sting Championship events;

- 3.2.1. Divers must perform six (6) dives selected from the Group D Finals Dive Chart (Table 2)
  - 3.2.1.1. Each of the six (6) dives must be a different dive number
  - 3.2.1.2. For the 1m event, divers may choose either **none or only one** of these three dives – 202C, 302C, 402C
  - 3.2.1.3. First four (4) dives
    - 3.2.1.3.1. Each dive will be assigned a DD of 1.6
    - 3.2.1.3.2. Four (4) groups must be represented
  - 3.2.1.4. Last two (2) dives
    - 3.2.1.4.1. FINA DD used
    - 3.2.1.4.2. Two (2) groups must be represented

**TABLE 2:**

BOYS & GIRLS GROUP D FINALS DIVE CHART/PROVINCIAL CHAMPIONSHIP										
Group D – 1m						Group D – 3m				
101C	401C	201C	301C	5122D		101C	401C	201C	301C	5132D
101B	401B	201B	301B	5132D		101B	401B	201B	301B	5231D
103C	402C	202C*	302C*	5221D		103C	403C	203C	303C	
103B	403C	203C	303C	5231D		103B	403B	203B	303B	
104C						105C				
104B										
Group D – Platform										
Plat	Dive #	Plat	Dive #	Plat	Dive #	Plat	Dive #	Plat	Dive #	
5m, 7m	101C	5m, 7m	201C	5m, 7m	301C	5m, 7m	401C	5m, 7m		600A
5m/7m	101B	5m, 7m	201B	5m,7m	301B	5m, 7m	401B	5m, 7m		612B
5m/7m	103C	5m	203C	5m	303C	5m, 7m	403C	5m, 7m		622C
5m/7m	103B	5m	203B			7m	403B	5m, 7m		622B
5m/7m	105C	7m	205C				405C	5m, 7m		5231D
7m	105B							5m, 7m		5132D

## **GROUP C NATIONAL QUALIFICATION EVENTS**

### **4. AGE SPECIFICATION**

- 4.1. C1 = 12 years old or younger in the year of competition (2020 = born 2008)
- 4.2. C2 = 13 years old in year of competition (2020 = born 2007)

### **5. GROUP C NATIONAL QUALIFICATION EVENTS**

- 5.1. There will be a C1 national qualification event and a C2 national qualification event
  - 5.1.1. Girls and Boys have same dive requirements
  - 5.1.2. C1 and C2 share warm up time
  - 5.1.3. C1 competition goes first followed by a 10 minute warm-up for C2, followed by the C2 competition
  - 5.1.4. The dive list must follow the dive order as presented in the Group C National Qualification Dive Chart (table 3)

#### **5.2. Group C1 & C2 1m and 3m National Qualification Events**

- 5.2.1. C1 & C2 divers perform 8 dives as presented in Group C National Qualification Dive Chart (Table 3)
- 5.2.2. Where there is a choice of dives indicated within the dive order, the diver must select one of the dives (as per Table 3; eg. Dive #1 indicated choice of dives)
- 5.2.3. DD's to be used are prescribed in the Group C Nationals Qualification Dive Chart (Table 3)

#### **5.3. Group C1 & C2 Platform National Qualification Event**

- 5.3.1. C1 & C2 divers perform 9 dives as presented in Group C Preliminaries Dive Chart (Table 3)
- 5.3.2. Where there is a choice of dives indicated within the dive order, the diver must select one of the dives (as per Table 3; eg. Dive #1 indicated choice of dives)
- 5.3.3. Divers may use 5m platform or 7.5m platform in qualification competitions (Note: if only one platform level is indicated for a specific dive, only that platform level may be used)
- 5.3.2. DD's to be used are prescribed in the Group C Preliminaries Dive Chart (Table 3)



**TABLE 3.1:**

BOYS & GIRLS GROUP C NATIONAL QUALIFICATION DIVE CHART											
C1 Preliminaries – 1m				C1 Preliminaries – 3m				C1 Preliminaries – Platform			
Dive Order	Dive #	DD		Dive Order	Dive #	DD		Dive Order	Platform Level	Dive #	DD
1	101B or 103C or 103B	1.6		1	101B or 103C or 103B	1.6		1	5m, 7m	101B or 103C or 103B	1.6
2	201C or 201B	1.6		2	201C or 201B	1.6		2	5m, 7m	201C or 201B	1.6
3	301C or 301B	1.6		3	301C or 301B	1.6		3	5m, 7m	301C or 301B	1.6
4	401B	1.6		4	403C or 403B	1.6		4	5m, 7m	401B	1.6
	401A	1.9		5	5132D or 5231D 04 5331D	1.6		5	5m, 7m	612B or 622C or 622B	1.6
5	5122D or 5132D or 5231D or 5223D	1.6		6	105C or 105B	1.9		6	5m, 7m	103C or 103B	1.6
6	104C or 104B	1.9		7	203C	1.9			5m, 7m	105C	1.9
7	203C or 303C	1.9		8	303C	1.9			7m	105B	1.9
8	403C	1.9						7	5m	203C	1.9
								8	5m	303C	1.9
								9	5m, 7m	403C or 403B	1.9

**Table 3.2:**

C2 Preliminaries – 1m				C2 Preliminaries – 3m				C2 Preliminaries – Platform			
Dive Order	Dive #	DD		Dive Order	Dive #	DD		Dive Order	Platform Level	Dive #	DD
1	101B or 103C or 103B	1.6		1	101B or 103C or 103B	1.6		1	5m, 7m	101B or 103C or 103B	1.6
2	201C or 201B	1.6		2	201C or 201B	1.6		2	5m, 7m	201C or 201B	1.6
3	301C or 301B	1.6		3	301C or 301B	1.6		3	5m, 7m	301C or 301B	1.6
4	401A	1.6		4	403C or 403B	1.6		4	5m, 7m	403C or 403B	1.6
5	5122D or 5221D or 5132D or 5231D or 5331D or 5223D	1.6		5	5132D or 5231D or 5331D	1.6		5	5m, 7m	612B or 622C or 622B	1.6
6	104C or 104B or 105C	1.9		6	105C or 105B	1.9		6	5m, 7m	5132D or 5213D	1.6
7	203C or 303C	1.9		7	203C or 203B	1.9		7	5m, 7m	105C	1.9
8	403C	1.9			303C or 303B	1.9			7m	105B	1.9
								8	5m	203C or 203B	1.9.
								9	5m	303C	1.9

## 6. GROUP C STING CHAMPIONSHIP EVENTS

Divers must perform 8 dives

Each of the eight (8) dives must be a different dive number

First 5 dives:

Each dive will be assigned a DD of 1.6

Five (5) groups must be represented

Last three (3) dives:

FINA DD used

Three (3) groups must be represented

Below are the **Junior Development National Championship Finals** rules and what we recommend for the Provincial Championship events;

6.2.1. Divers must perform eight (8) dives selected from the Group C Finals Dive Chart (Table 4)

6.2.1.1. Each of the eight (8) dives must be a different dive number

6.2.1.2. First five (5) dives

6.2.1.3.1. Each dive will be assigned a DD of 1.6

6.2.1.3.2. Five (5) groups must be represented

6.2.1.3. Last three (3) dives

6.2.1.3.1. FINA DD used

6.2.1.3.2. Three (3) groups must be represented

6.2.1.3.3. A minimum of one (1) dive must be from Group 100 or 400

6.2.1.3.4. A minimum of one (1) dive must be from Group 200 or 300

**TABLE 4:**

<b>BOYS &amp; GIRLS GROUP C FINALS DIVE CHART/STING CHAMPIONSHIP</b>										
Group C – 1m						Group C – 3m				
101C	401C	201C	301C	5122D		101C	401C	201C	301C	5132D
101B	401B	201B	301B	5132D		101B	401B	201B	301B	5231D
103C	403C	203C	303C	5221D		103C	403C	203C	303C	5331D
103B	403B	203B	303B	5331D		103B	403B	203B	303B	5233D
104C				5231D		105C	405C	205C	305C	5333D
104B				5233D		105B				5134D
105C				5333D						
105B				5134D						
Group C – Platform										
Plat	Dive #	Plat	Dive #	Plat	Dive #	Plat	Dive #	Plat	Dive #	
5m, 7m	101B	5m, 7m	201C	5m, 7m	301C	5m, 7m	401B	5m, 7m	612B	
5m, 7m	103C	5m, 7m	201B	5m, 7m	301B	5m, 7m	403C	5m, 7m	622C	
5m, 7m	103B	5m	203C	5m	303C	5m, 7m	403B	5m, 7m	622B	
5m, 7m	105C	5m	203B	7m	305C	7m	405C	5m, 7m	5231D	
5m, 7m	105B	7m	205C					5m, 7m	5132D	
								5m, 7m	5233D	

## **GROUP B DIVE REQUIREMENTS**

### **7. Age specification**

- 7.1. 14 or 15 years old in year of competition (2019 = born 2005 or 2006)

### **8. GROUP B EVENTS**

- 8.1. FINA DD's used for all dives
- 8.2. All dives in any one competition must be of a different dive number
- 8.3. No foot first entries (exception: 1m dive # 104C, 104B, 5223D)

#### **8.4. Girls and Boys Group B 1m and 3m Events**

- 8.4.1. Girls and Boys have same dive requirements
- 8.4.2. Divers perform nine (9) dives
- 8.4.3. Five (5) groups must be represented
  - 8.4.3.1. First five (5) dives with limit
  - 8.4.3.2. DD limit for 1m 9.0
  - 8.4.3.3. DD limit for 3m 9.5
  - 8.4.3.4. Last four (4) dives without DD limit
  - 8.4.3.5. Four (4) groups must be represented

#### **8.5. Girls Group B Platform Event**

- 8.5.1. Divers must perform seven (7) dives
- 8.5.2. Five (5) groups must be represented in the seven (7) dives
- 8.5.3. First four (4) dives
  - 8.5.3.1. DD limit of 7.6
  - 8.5.3.2. Four (4) groups must be represented
- 8.5.4. Last three (3) dives without DD limit
  - 8.5.4.1. Three (3) groups must be represented
  - 8.5.4.2. A minimum of one (1) dive must be from group 100 or group 400
  - 8.5.4.3. A minimum of one (1) dive must be from group 200 or group 300

#### **8.6. Boys Group B Platform Events**

- 8.6.1. Divers must perform eight (8) dives
- 8.6.2. Five (5) groups must be represented in the eight(8) dives
- 8.6.3. First four (4) dives
  - 8.6.3.1. DD limit of 7.6
  - 8.6.3.2. Four (4) groups must be represented
- 8.6.4. Last four (4) dives without DD limit
  - 8.6.4.1. Four (4) groups must be represented
  - 8.6.4.2. A minimum of one (1) dive must be from group 100 or group 400
  - 8.6.4.3. A minimum of one (1) dive must be from group 200 or group 300
  - 8.6.4.4. A minimum of one (1) dive must be from group 5000, group 600 or group 6000

## **GROUP A DIVE REQUIREMENTS**

### **9. Age specification**

- 9.1. 16, 17 or 18 years old in year of competition (2020 = born 2002, 2003 or 2004)

### **10. GROUP A EVENTS**

- 10.1. FINA DD's used for all dives
- 10.2. All dives in any one competition must be of a different dive number
- 10.3. No foot first entries

#### **10.4. Girls and Boys Group A 1m and 3m Events**

- 10.4.1. Girls and Boys have the same dive requirements
- 10.4.2. Divers perform ten (10) dives
- 10.4.3. First five (5) dives
  - 10.4.3.1. DD limit
  - 10.4.3.2. Five (5) groups represented
  - 10.4.3.3. DD limit for 1m is 9.0
  - 10.4.3.4. DD limit for 3m is 9.5
- 10.4.4. Last five (5) dives without DD limit
  - 11.4.4.1. Five (5) groups represented

#### **10.5. Girls A Platform Event**

- 10.5.1. Divers must perform eight (8) dives
- 10.5.2. Five(5) groups must be represented in the eight (8) dives
- 10.5.3. First four (4) dives
  - 10.5.3.1. DD limit of 7.6
  - 10.5.3.2. Four (4) groups represented
- 10.5.4. Last four (4) dives without DD limit
  - 10.5.4.1. Four (4) groups represented
  - 10.5.4.2. A minimum of one (1) dive must be from group 100 or group 400
  - 10.5.4.3. A minimum of one (1) dive must be from group 200 or group 300
  - 1-.5.4.4. A minimum of one (1) dive must be from group 5000, group 600 or group 6000

#### **10.6. Boys Group A Platform Event**

- 10.6.1. Divers must perform nine (9) dives
- 10.6.2. Six (6) groups must be represented in the nine (9) dives
- 10.6.3. First four (4) dives
  - 10.6.3.1. DD limit of 7.6
  - 10.6.3.2. Four (4) groups represented
- 10.6.4. Last five (5) dives without DD limit
  - 10.6.4.1. 5 groups must be represented

## **OPEN DIVE REQUIREMENTS**

### **11. Women's Open Events**

#### **11.1. Womens' Open 1 metre**

##### **11.1.1. 5 dives covering 5 directions**

#### **11.2. Women's Open 3 metre**

##### **11.2.1. 5 dives covering 5 directions**

#### **11.3. Women's Open Platform**

##### **11.3.1. 5 dives covering 5 directions**

### **12. Men's Open Events**

All dives must be a different dive number

#### **12.1. Mens' Open 1 metre**

##### **11.1.1. 6 dives covering 5 directions**

#### **12.2. Men's Open 3 metre**

##### **11.2.1. 6 dives covering 5 directions**

#### **12.3. Men's Open Platform**

##### **11.3.1. 6 dives covering 6 directions**

# GET STUNG AT THE STING!

Break one of these  
2020 Sting Standards in the Sting Championship  
events & you are STUNG!

If you are STUNG you receive a special prize!

	1m	3m	Platform
Girls E	250	260	n/a
Girls D	204	208	216
Girls C	294	311	265
Girls B	367	404	323
Girls A	418	461	362
Women's Open	252	288	360
Boys E	250	260	n/a
Boys D	221	226	208
Boys C	277	288	270
Boys B	351	404	392
Boys A	491	528	428
Men's Open	350	434	419



# ACCOMMODATION

## Howard Johnson Hotel and Suites

4670 Elk Lake Drive  
Victoria, BC  
Located Next Door to the Pool!

[www.hojovictoria.ca](http://www.hojovictoria.ca)  
Reservations: 1-866-300-4656

## Accent Inn

3233 Maple Street  
Victoria, BC  
6 minute drive to the pool, located near restaurants and Mayfair Shopping Mall

[www.accentinns.com](http://www.accentinns.com)  
Reservations: 1-800-663-0298



# MARC LEPOOLE'S STING 2020

## SCHEDULE OF EVENTS

WEDNESDAY, MARCH 11			
11:30am – 1:00pm	Open Practice (Dryland available at 10:30am)		
4:00pm – 7:00pm	Open Practice (Dryland available at 3:00pm)		
THURSDAY, MARCH 12			
11:30am – 1:00pm	Open Practice (Dryland available at 10:30am)		
4:00pm – 7:00pm	Open Practice (Dryland available at 3:00pm)		
FRIDAY, MARCH 13			
7:00am – 8:25am	Open Practice (Dryland available at 6:30am)		
8:25am – 8:55am	Closed Practice for first events		
9:00am		Girls & Boys E 3 metre	
			Girls & Boys D1 Platform (NQ)
			Girls & Boys D2 Platform (NQ)
	Girls & Boys C1 1 metre (NQ)	Girls & Boys A 3 metre (SC)	
	Girls & Boys C2 1 metre (NQ)		
			Girls & Boys D Platform (SC)
	Girls & Boys C 1 metre (SC)	Girls & Boys B 3 metre (SC)	
	Men’s Open 1 metre (SC)	Women’s Open 3 metre (SC)	
SATURDAY, MARCH 14			
7:00am – 8:25am	Open Practice (Dryland available at 6:30am)		
8:25am – 8:55am	Closed Practice for first events		
9:00am	Girls & Boys E 1 metre		
	Girls & Boys D1 1 metre (NQ)	Girls & Boys C1 3m (NQ)	
		Girls & Boys C2 3m (NQ)	
	Girls & Boys D2 1 metre (NQ)		
			Girls & Boys A Platform (SC)
			Girls & Boys B Platform (SC)
	Girls & Boys D 1 metre (SC)	Girls & Boys C 3m (SC)	
			Women’s & Men’s Open Platform (SC)
SUNDAY, MARCH 15			
7:00am – 8:25am	Open Practice (Dryland available at 6:30am)		
8:25am – 8:55am	Closed Practice for first events		
9:00am	Girls & Boys A 1 metre (SC)	Girls & Boys D1 3 metre (NQ)	
		Girls & Boys D2 3 metre (NQ)	
			Girls & Boys C1 Platform (NQ)
			Girls & Boys C2 Platform (NQ)
	Girls & Boys B 1 metre (SC)	Girls & Boys D 3 metre (SC)	
			Girls & Boys C Platform (SC)
	Women’s Open 1 metre (SC)	Men’s Open 3 metre (SC)	

\*NQ = National Qualifying Events

\*SC = Sting Championships Events

MARC LEPOOLE'S STING 2020 - NATIONAL QUALIFICATION EVENTS REGISTRATION FORM											
Club:			Coach:				Telephone:				
Address:							E-mail:				
				Age Group Events			Open Events			Fees	\$\$\$
Diver's Name	Age Group*	M	F	1m	3m	plat	1m	3m	plat	See fee schedule	TOTAL
1											
2											
3											
4											
5											
6											
7											
8											
9											
10											
11											
12											
13											
14											
GRAND TOTAL											

\*for Group D & C events please specify C1 or C2/D1 or D2

DEADLINE FOR ENTRIES: FRIDAY, FEBRUARY 28, 2020

4636 Elk Lake Drive  
Victoria, British Columbia  
CANADA V8Z 5M1

tel: 250-479-0330  
e-mail: boardworksinfo@shaw.ca

# MARC LEPOOLE'S STING 2020 - STING CHAMPIONSHIP EVENTS REGISTRATION FORM

<b>Club:</b>			<b>Coach:</b>				<b>Telephone:</b>				
<b>Address:</b>							<b>E-mail:</b>				
				<b>Age Group Events</b>			<b>Open Events</b>			<b>Fees</b>	<b>\$\$\$</b>
<b>Diver's Name</b>	Age Group*	M	F	1m	3m	plat	1m	3m	plat	See fee schedule	<b>TOTAL</b>
1											
2											
3											
4											
5											
6											
7											
8											
9											
10											
11											
12											
13											
14											
<b>GRAND TOTAL</b>											

DEADLINE FOR ENTRIES: FRIDAY, FEBRUARY 28, 2020

4636 Elk Lake Drive  
Victoria, British Columbia  
CANADA V8Z 5M1

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