NOMINATING COMMITTEE REPORT

CANADIAN AMATEUR DIVING ASSOCIATION,
BRITISH COLUMBIA SECTION

Report of the Nominating Committee to the Members

The current Board of Directors is comprised of the following:

Cliff Congdon, (President)
Shannon Sullivan, (Secretary)
Eryn Barrett (Director)
Lara Gilchrist (Director)
Christine Frohloff (Treasurer)
Jennifer McLean Wood,(Director)
Karina Andrada (Athlete Rep)

The nominating committee for the 2026 AGM was Jayne McDonald, Lara Gilchrist and Lisa Breure .

End of Term
This year, for personal reasons, Christine Frohloff (Treasurer) has announced that she must step down from her position. She will carry on with the Treasurer duties until a replacement has been appointed. Eryn Barrett has advised that she will not seek another term on the Board of Directors.

Continuing Directors
Cliff Congdon (President), Lara Gilchrist, Jennifer McLean-Wood and Shannon Sullivan notified the nomination committee that they will continue to serve on the Board of Directors.

The composition of the Board of Directors for BC Diving shall consist of up to nine (9) at large Directors. There is currently up to 4 board positions open for election on the Board of Directors for 2026 Annual General meeting.

Nominating Committee Recommendations:
The nominating committee has solicited for the past two months and received the following two nominations for the Board of Directors:

1) Christina Unger

I am interested in serving on the BC Diving Board of Directors because I care deeply about the future of diving in our province and believe we are at an important turning point for the sport.

After 17 years in diving and many years in coaching and club leadership, I am increasingly concerned about declining registration and the long-term sustainability of our clubs, particularly those outside the Lower Mainland. We need to do a better job of promoting diving, introducing the sport to new families, and adapting our programs to meet the needs of today's kids. We also need to strengthen club support and create policies and resources that help clubs survive and grow.

I believe our clubs need to work more collaboratively rather than feeling like they are competing against one another. A stronger connection between clubs would allow us to share ideas, resources, coaches, and solutions while building a healthier diving community across BC.

I would also bring a trauma-informed perspective to the Board, along with practical experience in youth development, coaching, and managing the day-to-day realities of a diving club. This is especially important as we look at how we support athletes and create positive environments where young people want to stay in sport.

This is a year of significant change, with many long-time athletes moving on to university and experienced members of our diving community stepping away and pools closing. I believe we need

new energy, fresh perspectives, and a willingness to rethink how we operate if we want diving to thrive for the next generation. I would bring that perspective, while remaining committed to listening to clubs and working collaboratively toward a stronger future for diving in BC.

2. Ryan Bestwick

I would like to serve on the BC Diving Board of Directors because I believe my experience in sport, leadership, coaching, volunteering, and business can help strengthen the diving community across British Columbia. As a parent, athlete, coach, and volunteer with Dive Victoria, I have seen firsthand the positive impact sport can have on young athletes and families. I have also spent many years competing at a high level in multiple sports, which has given me a strong appreciation for athlete development, teamwork, commitment, and fair competition.

Professionally, I manage large projects, teams, budgets, schedules, and competing priorities, skills that I believe would translate well to board governance and strategic planning. I want to give back to a sport and community that has become important to my family, while helping BC Diving grow, support its clubs, develop athletes and coaches, and create positive opportunities for future divers.

The nominating committee recommends the following:

Board of Directors for 2026-27

Christina Unger and Ryan Bestwick recommended for the Board by acclamation.

The 2026-27 Board of Directors is as follows:

Cliff Congdon (President)

Directors: Shannon Sullivan, Lara Gilchrist, Jennifer McLean-Wood, Christina Unger and Ryan Westwick

Athlete Representative: Karina Andrada

Vacant officer positions will be elected by the Board at the first meeting following the election of new Directors.